

# **WALKING THE FLINDERS RANGES**

Guided 3 and 5 day walks in the magnificent Flinders Ranges

# **WELCOME TO RAWNSLEY PARK STATION**

Thank you for enquiring about our new 'Walking the Flinders Ranges' three-day and five-day treks. Each trek is accompanied by an experienced guide ensuring you get the best out of your walk.

#### TRIP HIGHLIGHTS

- Walking to Blinman Pools
- · Climbing Rawnsley Bluff
- · An exhilarating helicopter flight
- Staying overnight in a swag on top of Chace Range

The Flinders is an ancient landscape and offers some of Australia's best wilderness and wildlife. One of the great walking destinations in Australia, 'Walking the Flinders Ranges' is the perfect opportunity for a relaxing getaway.

Our walks are a great way to introduce you to the pleasures of walking as you become acquainted with the wonders of the Flinders landscape. Immerse yourself in this immense, ancient landscape and discover the rhythm of the bush.

We offer a range of walks to suit all abilities. Walk to stunning heights such as Rawnsley Bluff and view the Flinders from on high; or meander along red-gum lined creek beds and discover beautiful rock pools.

There's also the chance to see Aboriginal rock paintings and learn about early mining and pastoral history.

Discover the iconic Heysen Trail which snakes its way through the Flinders to Parachilna Gorge. Named after famous landscape painter, Sir Hans Heysen, the trail showcases the secrets of the Flinders. We walk at an easy pace, giving you plenty of time for photographs and to soak up the magnificent views.

All you need is a day pack and a spirit of adventure. It's your holiday and our guides will help you enjoy the experience and wilderness.

Itineraries are flexible and different walks can be substituted, depending on the fitness of the group. Walks start each day from Rawnsley Park Station. Times vary, depending on the trail selected for the day.

Accommodation is provided in comfortable holiday units (luxury eco-villa upgrades are available) After dark, enjoy dinner at the station's popular and award-winning Woolshed Restaurant.

Continental breakfast is supplied in your room each morning.

Lunch (fresh salad and meat wraps) are also supplied, as well as morning and afternoon snacks.

Dietary requirements will be catered for.

Rawnsley Park Station reserves the right to alter itineraries depending on weather and the fitness of walkers.

# AT-A-GLANCE SUGGESTED ITINERARY

The three-day walks apply to days 3-5 of the 5 day walk Itineraries can be changed to suit walking groups

### Day 1

8.00am: Depart Rawnsley Park Station reception and drive an hour north to Parachilna Gorge.

9.30am: Walk to the magnificent Blinman Pools. A delightful 12km walk with no climbing.

Approx 12km · Grading 3/5 · 4hrs walking

In the morning we stop at the General Store at Blinman for a coffee and in the afternoon we return via the Wadna Gallery near Blinman.

We also visit Perawurtina Cultural Heritage Site on the return from Blinman.

#### Day 2:

8.00am: Depart Rawnsley Park Station and walk to the top of Rawnsley Bluff.

Enjoy fantastic views to the south and east overlooking Rawnsley Park Station. We also take the Wilpena Lookout side trail to look down the valley of the Pound and Pompey Pillar

We return via the Highlife Trail to see some bush-tucker plants such as the native Sandalwood, Quandong and Native Pear.

Approx 12km · Grading 4/5 · 6hrs walking

# Day 3:

7.30am: Depart Rawnsley Park Station for the drive to Bunyeroo Valley and the Wilcolo Track Loop Walk.

9.00am: Walk along part of the Heysen Trail before a gentle climb to ABC Range with spectacular views of Wilpena Pound (9km).

Approx 9km • Grading 3/5 • 3hrs walking

Lunch in Bunyeroo Gorge before returning to Rawnsley Park Station.

Around three hours before sunset take off on your helicopter flight to the campsite on top of Chace Range. Enjoy a delicious evening meal around the campfire and overnight in swags, surrounded by millions of stars.

#### Day 4:

9.00am After breakfast overlooking Rawnsley Bluff and the Elder Range, head off on the 8km walk to Rawnsley Park Station, arriving around 1.00pm.

Approx 9km · Grading 4/5 · 4hrs walking

12.00pm Lunch at the Shearing Shed.

2.00pm Optional walk of the 6knm circuit of Kangaroo Gap and Pines Cave.

Approx 6km · Grading 3/5 · 2hrs walking

#### Day 5:

8.00am Depart Rawnsley Park Station for the Arkaroo Rock loop walk.

Approx 4km • Grading 3/5 • 2hrs walking Late checkout of 11.00am.



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# WHAT'S INCLUDED

# 3-day

- · Walking guide and support staff
- · Helicopter flight to Chace Range
- Vehicle travel to and from walks as detailed above
- · 3 breakfasts, 3 lunches and 3 dinners
- 3 night's accommodation (late checkout 11.00am on last day)
- Emergency communications and group first aid

### 5-day

- · Walking guide and support staff
- · Helicopter flight to Chace Range
- Vehicle travel to and from walks as detailed above
- · 5 breakfasts, 5 lunches and 5 dinners
- 5 night's accommodation (late checkout 11.00am on last day)
- Emergency communications and group first aid

# What's not included

- Travel to Rawnsley Park Station to begin tour
- · Items of a personal nature
- Backpacks
- · Alcoholic beverages
- · Travel insurance

If you are booked on a tour, please download the pre-departure notes which give more details on what to bring.

# PRICING TO 31/12/2024

# Three Day Guided Walking Tour

Twin share Holiday unit \$2025pp
Single room Holiday unit \$2325pp
Twin share Eco-villa \$2385pp
Single room Eco-villa \$2835pp

# Five Day Guided Walking Tour

Twin share Holiday Unit \$3095pp
Single room Holiday Unit \$3595pp
Twin share Eco-villa \$3695pp
Single room Eco-villa \$4445pp

If your partner wishes to stay but not walk, prices for accommodation and all meals are as follows:

Holiday unit 3 days \$660pp
Holiday unit 5 days \$1100pp
Eco-villa 3 days \$990pp
Eco-villa 5 days \$1650pp

#### Numbers

For the tours to go ahead, a minimum 2 adults are required, the maximum is 8 adults. These tours are not recommended for children.

# **Cancellation Policy**

- All cancellations must be in writing and cancellation will take effect subject to the following:
- All cancellations greater than 28 days prior to the arrival day will incur a \$50 administration fee. The balance of the deposit will be refunded.
- If cancelled within 14-28 days of departure date, the deposit will not be refunded.
- If cancelled less than 14 days of the departure date, 100% of the tour price will be forfeited.
- If cancelled less than 28 days from departure date for due to travel restrictions relating to Covid-19 the total payments may be transferred to a departure at a future date.
- The walking tour is deemed to have commenced from the time of check-in on the day prior to the first day of walking. Your Tour Guides will take all appropriate precautions to minimise the risk of Covid transmission during the walk. In the event that a Guide or Walking Group member tests Covid Positive during the walk, Rawnsley Park Management will seek to determine a reasonably practicable way to isolate and evacuate the person/s. By joining the walk you take full responsibility for any costs you may incur from isolating and evacuating from the walking tour.
- We *recommend* that you take out travel insurance for your trip

## HOW TO BOOK

There are three ways in which you can book a 'Walking in the Flinders Ranges' trip.

- Call Rawnsley Park Station on (08) 8648 0700
- Online by visiting www.rawnsleypark.com.au hitting the 'Book Now' button and filling in the booking form
- E-mail reservations on reception@rawnsleypark.com.au

All bookings require a deposit of 25% of the total fees within 14 days of booking. Balance to be paid in full 28 days prior to departure date.



# PRE-DEPARTURE INFORMATION WALKING THE FLINDERS RANGES

Rawnsley Park Station thanks you for deciding to trek the Flinders Ranges, one of Australia's great walking destinations. To help you get the most out of your trip, we have prepared a list of things you will need to bring.

If you have any queries, don't hesitate to contact Rawnsley Park Station.

#### FITNESS PREPARATION

It is important that you do some walking training before taking part in Walking the Flinders Ranges. On at least two days of the walks there is some climbing. It would help your fitness to do a few hill climbs as part of your training. The fitter you are, the more you will enjoy the range of treks.

#### **CLOTHING & EQUIPMENT LIST**

# Clothing - walking

- 1-2 pairs of walking trousers. We recommend lightweight and quick drying hiking pants. Denim can be very uncomfortable, especially if it gets wet
- 3-5 shirts. These can be either longsleeved hiking shirts or T-shirts
- · 1 pair of shorts
- Waterproof jacket. This will also be handy as a windproof jacket
- · A polar fleece jacket
- · Broad-brimmed hat for sun protection
- · Thick hiking socks for each day
- · 1 pair of gloves thermal or woollen
- 1 beanie it can get very cold in the Flinders Ranges

# Clothing - evenings

- Most dinners will be in the award-winning Woolshed Restaurant, so warm, casual clothing is best
- A dinner may be held under the stars, depending on weather conditions. You will need a good, warm polar fleece or woollen jumper

#### Footwear

- It is essential that you have a pair of sturdy boots that provide adequate ankle support and solid soles. Boot should be waterproofed before you leave home. Carry a spare lace, just in case
- Lightweight shoes or runners will be suitable for dinner occasions

#### Equipment

- · Day pack big enough to carry water, spare clothing, lunch, snacks
- · Water bottles enough for 3 litres
- Sunglasses
- · Head torch and spare batteries
- · Camera and spare batteries
- Walking poles these are optional, but are a good idea for St Mary Peak and Rawnsley Bluff
- · Gaiters optional
- · Binoculars optional

#### Other

- · Personal toiletries
- · Sunscreen and lip protector
- · Band-aids we recommend extra-large tough strips
- · Blister protection
- · Medicines e.g. ventolin, headache tablets

# Personal Details

Name							
Age							
Fitness Level (please circle)	low	1	2	3	4	5	high
Medical Conditions							
Other Information							

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